

## Harvard-Westlake Service Information for Middle School

<http://students.hw.com/msoutreach>

Summer is a great time to perform Community Service outreach. Not only do students have more free time, but agencies often are in greater need as their regular volunteers go on vacation. Here are the basic guidelines for fulfilling the Middle School Community Service requirement over the summer and/or during the school year, plus some suggestions for making the service an optimal learning experience.

### Guidelines for the Service Requirement

Community Service is required of all Harvard-Westlake Middle School students every year. The Middle School program is designed to introduce students to the vast and varied needs of the diverse community in which we live. Middle School students are expected to do **12 hours of outreach** service **each school year**.

Seventh graders are expected to fulfill their Community Service requirement by participating in the school's program during the academic year. Any other service completed during the summer or during the year will be counted as extra credit.

**Eighth and ninth grade students who wish to fulfill their Community Service requirement during the summer must complete at least twelve (12) hours of outreach service performing "hands on" work.**

Eighth and ninth grade students who plan to do summer service are advised to pick up an "outside of school" service form before starting their work. The form must be completed and signed by an agency supervisor. These forms are available inside and outside the Community Service Office AC 218 and on website. <http://students.hw.com/msoutreach>

**The completed forms for summer service must be turned in to the Community Service office (AC 218) when students return to school in the fall-- no later than the end of September.**

### Service Advice for 8<sup>th</sup> & 9<sup>th</sup> Graders

- A. Choose an activity, project, or agency that interests you.
- B. **Commit to one activity, project, or agency for at least twelve hours to provide continuity.** If possible, give more than the minimum requirement. Many sites have a minimum requirement that exceeds 12 hours.
- C. Find a friend with whom you can share the experience.
- D. Be adventuresome and try new tasks—don't be shy. Ask your supervisor for a variety of activities and responsibilities so you can learn as much as possible.
- E. When contacting an agency be responsible and let the organization know how many hours you expect to be able to give them (You may always add to your hour commitment if you find you wish to do so). Set up a schedule with them. And, keep to your schedule.
- F. Be prompt and follow directions carefully. Be considerate of the organization and the people working there. You are there to help...to be a positive influence.
- G. Many places require that a parent or guardian sign a waiver in order for a student to volunteer with their organization; some require a parent or guardian to be present.
- H. Visit the agency's website to learn more about its mission, volunteer opportunities and requirements.

## **Summer & Year-Round Community Service Opportunities**

The following list of agencies reflects sites where H-W students have worked in the past either throughout the year and/or during the summer. This is not a definitive list of sites that need assistance, but rather a list that reflects the various types of agencies we accept for community service outreach credit.

**REMINDER:** As per the community service page of Harvard-Westlake School's Enrollment Agreement, "I recognize that the Middle School Community Service Department Head's approval of a project, or its listing in the Upper School approved database, is not an affirmation of the project's logistical feasibility for my child, nor an evaluation of its level of personal safety. Assessments of the latter two are my responsibility and that of my child."

**REMINDER:** Students who are interested in working with people are required to work with or for organizations that help an underserved community (people who are physically, emotionally, and/or economically disadvantaged).

**Whenever doing non-school planned outreach, Be Sure To Take Releases Needed and H-W Middle School Community Service Outreach Forms To Get Signed.** The H-W Middle School community Service Outreach Form may be used for summer and year-round outreach.

**REMINDER:** If you make a commitment to an agency, please honor it as they depend on your volunteer help. **To fulfill the minimum school requirement of 12 hours a year, you must do "hands-on" work.** Many agencies ask for a specific time commitment, especially those serving people in need. They do so in order to have the right number of volunteers scheduled for the task to be done. Having fifty volunteers one day and none the next is not helpful to organizations or the people being helped. It is the student's responsibility to adhere to the rules and instructions of the agency for which he/she is working.

If you wish to work for an organization or agency not listed, please check with a community service advisor to verify that it meets the school's guidelines. **Community service outreach forms for summer work (completed and signed) must be turned into the community service office by the end of September.**

**BOY SCOUTS/GIRL SCOUTS OF AMERICA:** Service projects that are "hands-on" and directly benefit the community (environment, elderly, and children) count for community service. Simply attending meetings or planning projects does NOT count!

### **TWO MAJOR LOS ANGELES SITES**

**BIG SUNDAY:** While Big Sunday is known for bringing Los Angeles together for a weekend of work opportunities in early May, it also has a year-round calendar of events where volunteers are needed. Check out the website on a regular basis – [www.bigsunday.org](http://www.bigsunday.org).

**LA WORKS:** L.A. Works organizes short-term and long-term projects throughout the city. For information on any of their volunteer events/opportunities that occur throughout the year call (323) 224-6510 or research the website: [www.laworks.com](http://www.laworks.com) or email them at [info@laworks.com](mailto:info@laworks.com). This year's main event is scheduled for June 13<sup>th</sup>. Waivers are often required.

## CAMPS/PARKS

(NOT all summer camp work is considered Community Service)! **Only those places/programs that serve an underprivileged community (physically, emotionally, and/or economically) will be accepted for Community Service credit.** Not all camps - even if run by a public park - meet our criteria. It is important to check to make sure the program reaches out to an underserved community. If you have any questions, contact the middle school community service office.

CAMP HARMONY: A 5-day, four-night overnight camp in Malibu in late August for children from homeless family shelters in Los Angeles. Two days of training before camp opens. There is a fee to be a counselor. Apply ASAP. Call Robin Segal, (310) 273-4775. There is an age requirement. <http://www.unitedinharmony.org>

CAMP BLOOMFIELD: Summer camp for blind and partially sighted children sponsored by the Foundation for the Junior Blind. Seven camp sessions from July-August For volunteer information call (323)295-4555. Check website carefully for age requirements. <http://www.fjb.org/programs>

PARK AND RECREATION CENTERS: Many H-W students coach and teach at Y's, city parks and recreation centers. Look in your telephone book's Government Section under Los Angeles City or County, Culver City, etc. **Please remember that this activity can only be accepted as Community Service if the park or recreation provides a program benefiting the underserved (physically, emotionally, and/or economically).**

PALMS RECREATION CENTER: During the summer and during holiday times when school is not in session, the Park runs a program for children. The summer program runs from the end of June to the end of August in three-week sessions. This summer's staff has been set, but you can plan for next summer. Interviews for volunteer positions take place in early May. Interview appointments must be made late April. Mark your calendar if you are interested in volunteering for Summer of 2010. Call program director (310) 838-3838 for information on the year-round opportunities and then call next April for summer of 2010.

## FOOD BANKS, SHELTERS, PROGRAMS ASSISTING THE HOMELESS/ELDERLY

ALL SAINTS' EPISCOPAL CHURCH: Volunteers needed/space limited! 504 N. Camden Dr., Bev. Hills, 90210. Homeless Assistance Service program: Sunday afternoons from 2-4pm and Monday from 9 a.m. "Veggie Prep"; on Monday from 2:30-5p.m. serving the food. Students interested in working with this program must complete an application and be scheduled. Students not applying and not scheduled will be turned away. Call (310)275-0123.

CHPHP (Children Helping the Poor and Homeless People): Christine Schanes (310) 840-4777. Mondays between 11am and 1pm [www.chphp.com](http://www.chphp.com)

F.A.I.T.H. (Family Assistance Involving the Homeless): They supply food and workers to serve the homeless living in westside shelters. They also may need substitutes for picking up food from restaurants and delivering to shelters. For info: Tel. Stuart Jaffe, (310)552-2330

HOPE NET FOODLINK FOOD PANTRY: Every Saturday morning 8-9:30 .m. pack groceries and distribute to those in need. First Unitarian Church, 2936 West 8<sup>th</sup> Street, Los Angeles. Call (323) 935-1147, ext. 444. [www.urbandharma.org/wilshire/hopenet](http://www.urbandharma.org/wilshire/hopenet)

L.A. MISSION: Serve food to the homeless. Volunteers must attend an orientation. Call (213)629-1227 [www.losangelesmission.org](http://www.losangelesmission.org)

LOAVES & FISHES FOOD BANK: 14640 Keswick St., Van Nuys. Mon., Wed., Fri. Work 10 a.m. to 3:30 p.m. (or shorter shift.) Tel. Barbara Ausburn (818) 997-0943. This has become a favorite service spot for H-W students. [www.loavesandfishes.org](http://www.loavesandfishes.org)

MEALS ON WHEELS: Call to be a substitute. Various locations need help—W.L.A., call Caressa (310)208-3439; For valley route,(818) 718-6460; Glendale, tel. (818)246-5586; Santa Monica call Joanna,(310) 394-5133; Malibu call (310) 394-7558. Consult phone book for their many other locations. [www.project.org](http://www.project.org)

NORTH HOLLYWOOD INTERFAITH FOOD PANTRY. 12326 Riverside Drive (Temple Beth Hillel) between Whitsett and Laurel Canyon (this address is for buying and bagging only). Students under 16 must be accompanied by an adult. Open every day except Saturday. You MUST call Leslye Adelman at (818)929-2606 to arrange your hours. Food distribution is done from 10am - 1 p.m. on Monday and Friday at 4390 Colfax in North Hollywood - Call (818) 980-1657

OPCC (formerly Ocean Park Community Center): It is a network of shelters and services for low-income and homeless youth, adults, families, battered women and children and people living with mental illness. Volunteers are needed at the Access Center at 7<sup>th</sup> and Colorado, Santa Monica. Work in food pantry, sort clothes, etc. Mon. - Fri. 8:00 a.m. - 12 p.m. Pack groceries Mon., Tues., Fri., 12:00 - 3:00 p.m. You must set up a work schedule so that OPCC has the proper number of helpers for each of its work sessions. Call Access Center's volunteer coordinator to set up a time good for you and for the center. (310)450-4050, Ext. 131. [www.opcc.net](http://www.opcc.net)

P.A.T.H. (People Assisting The Homeless): There are three sites (Los Angeles, Hollywood and West L.A.). For more information visit the website at [www.epath.org](http://www.epath.org) or call (323) 644-2207.

PROJECT ANGEL FOOD: (Food for AIDS patients) Sunset at Curson between Fairfax and LaBrea. Open Sunday through Friday. Prepare food from 9 - 12; help deliver from 12 - 1:30 (approx). Call (323)845-1816 for volunteer information. [www.angelfood.org](http://www.angelfood.org)

PROJECT CHICKEN SOUP: Sponsored by the L. A. Jewish Aids Services. Our students prepare meals in Chicken Soup's kitchen, located in the Fairfax area, to be delivered to people with HIV/AIDS. Food preparation from 8 - 12 and deliveries from 12 - 2 p.m. Call (323)655-5330 for information. Students 12-14 must be accompanied by a parent or guardian. [www.projectchickensoup.org](http://www.projectchickensoup.org)

REGIS HOUSE: 11346 Iowa in West L.A. It is a pre-school and food distribution center. To volunteer call (310) 477-8168.

ST. JOSEPH'S CENTER: 204 Hampton Drive, Venice. The center offers support for homeless and low income of all ages. For further information, call (310) 399-2352 or visit [www.sjhsyr.org](http://www.sjhsyr.org)

SAMOSHEL: 505 Olympic Blvd. Santa Monica (310) 581-9825. Ask for Sylvia.

SOVA FOOD BANKS. Three locations: W.L.A.—Mon., Wed., Fri., from 10 - 2; Fairfax area—Sun., 10:30 - 12, Mon. and director of volunteer services at (323)761-8800. Russian is helpful. Training and time commitments are required. [www.jfsla.org](http://www.jfsla.org) Once on the site, go to 'volunteer' for detailed information on dates, places, programs.

WESTSIDE FOOD BANK: Call (310) 828-6016. This organization serves many Westside agencies. 612 Colorado Ave., Santa Monica 90401-Mon.-Fri. [www.westsidefoodbank.org](http://www.westsidefoodbank.org)

WEST VALLEY FOOD PANTRY: Located at Prince of Peace Episcopal Church, Woodland Hills Call (818)346-5554. This organization services many Valley agencies.

## ANIMALS

(See Service with the Disabled for opportunities that involve horses)

CITY AND COUNTY ANIMAL SHELTERS: Call first to inquire about volunteer opportunities for different shelters have different age requirements. Ask about their release forms. Many need volunteers to help do shelter chores and give some TLC to the homeless cats and dogs that are in their care. City of Los Angeles Animal Services website: [www.ci.la.us/ANI/](http://www.ci.la.us/ANI/) or [www.laanimalservices.com](http://www.laanimalservices.com)

FRIENDS OF ANIMALS: 2336 Sepulveda, Los Angeles (between Pico and Olympic). Call Martha Wyss, (310)479-5089. Groom, walk, feed, and play with dogs/cats. Open 7 days a week. Plan to commit to a regular routine. <http://foaf.tripod.com>

PET ORPHANS OF SOUTHERN CALIFORNIA: Give TLC to homeless cats and dogs waiting for adoption. The kennel is located at 7720 Gloria Avenue, Van Nuys. For information call the main number (818)901-0190 and ask for the volunteer coordinator. Students will need to attend an orientation meeting with a parent and be part of a training session prior to actual work with the animals. Students must be willing to commit to a minimum of 40 hours throughout the year. [www.petorphans.org](http://www.petorphans.org)

SANTE D'OR: This animal rescue group needs help seven days a week. They have animals at the For Pets Only store at the corner of Hillhurst Ave. and Franklin Ave. in the Los Feliz area. Minors who volunteer must have a written permission signed by their parents/guardians. Volunteers receive training. To volunteer call (323) 788-3638 and for more information visit the website: [www.santedor.com](http://www.santedor.com).

THE LANGE FOUNDATION: walk and socialize cats and dogs; 310/473-5585. Students must be 14 and older. Call 310/522-6714 [www.langefoundation.org](http://www.langefoundation.org)

VOICE FOR THE ANIMALS FOUNDATION (Formerly Venice Animal Allies): Be an adoption day assistant (every Sunday at the Pacific Palisades Farmers' Market from 9 a.m. to 1 p.m.) Help homeless cats and dogs find good permanent homes. To volunteer call 310/392-5153 or email [info@vftafoundation.org](mailto:info@vftafoundation.org). Visit the website at [www.vftafoundation.org](http://www.vftafoundation.org)

LOS ANGELES ZOO: Students interested in entering student volunteer program (9, 10, 11 grades) must commit to a minimum of 40 hours per year for two years. Applicants take an 18-week course offered on Saturdays, beginning in October. For information, call (323) 644-4763 or [www.lazoo.org](http://www.lazoo.org)

## ENVIRONMENT/BUILDING/OTHER

CHILDREN'S NATURE INSTITUTE: 2600 Franklyn Canyon Drive, Beverly Hills (310) 860-9484 – assist on hikes and help educate children about the environment. [www.childrensnatureinstitute.org](http://www.childrensnatureinstitute.org)

FRIENDS OF BALLONA WETLANDS: Summer work parties are set for the fourth Saturday of each month from 9:30 a.m.-Noon. Call Kelly Rose, (310)821-2057 or Office (310)306-5994. Students must have Ballona permission slips/waiver signed by parent or guardian. E-mail: [FBW@ballonafriends.org](mailto:FBW@ballonafriends.org). Or check website [www.ballonafriends.org](http://www.ballonafriends.org)

HABITAT FOR HUMANITY: Help with building/repairing houses. Valley office: 11257 Borden St., Pacoima 91331 (818)897-0940; Los Angeles office: 1200 Wilshire Blvd., Suite 510, Los Angeles 90017. (213)975-9757. Minimum age requirement is 16 years. [www.habitatla.org](http://www.habitatla.org)

HEAL THE BAY: 3220 Nebraska Ave., Santa Monica, CA 90404. Heal the Bay has opportunities for students to do summer intern work in their Santa Monica office. Call volunteer relations at

(310)453-0395. Website: [www.healthebay.org](http://www.healthebay.org)

RHAPSODY IN GREEN: Various weekend environmental projects. Call (323) 654-5821 and ask for John Earl to get dates and sites.

SHOULDER TO SHOULDER: (City of L.A. Human Relations Commission) - Art Share Los Angeles Program -801 East 4<sup>th</sup> Place, Los Angeles, CA 90013. Contact Michelle Marsh, project coordinator, (213) 485-4495 or e-mail: [mmarsh@hrc.ci.la.ca.us](mailto:mmarsh@hrc.ci.la.ca.us)

SURFRIDERS FOUNDATION: Help clean up beaches. Call (310) 451-1010. [www.surfrider.org](http://www.surfrider.org).

TREE PEOPLE: Located at Coldwater and Mulholland, at the light. Help in nursery and on the grounds. Join a planting in the City. For work date updates call (818)753-4600. For questions call (818) 623-4865. Check minimum age requirement for work project. Site is undergoing construction which may limit opportunities this summer. [www.treepeople.org](http://www.treepeople.org)

UCLA OCEAN DISCOVERY CENTER: 1800 Ocean Front Walk, Santa Monica 90401 (310)393-6149, Ext. 223. Become a docent guide or mentor, or help feed and maintain the marine life in the museum. [www.odc.ucla.edu](http://www.odc.ucla.edu)

### SPECIAL OPPORTUNITIES WITH CHILDREN

Harvard-Westlake students have worked at many of these sites in the past during spring and/or summer breaks. Some places have after school programs during the school year. When you call, indicate how many hours you will work. The children with whom you will be working benefit from seeing you over a period of time. You become a mentor to the child or children with whom you are working. It is important you meet your commitment to the organization. **When you show up to help a child in need you tell that child that he/she counts. Being there for the child builds self esteem.**

ALL HEAD START, AND YOUTH OUTREACH PROGRAMS THROUGH TEMPLES AND CHURCHES COUNT FOR COMMUNITY SERVICE **PROVIDED THE STUDENT IS WORKING DIRECTLY WITH UNDERSERVED CHILDREN.** Assisting with a temple's or church's religious school is not outreach.

GIRLS & BOYS CLUBS: There are many of these clubs throughout the area. Find one near you by calling 800/854-CLUB or visiting the website [www.bcga.org](http://www.bcga.org).

YEAR-ROUND HEAD START PROGRAMS: Masonic (1720 Broadway, Santa Monica) (310) 828-0590; 52<sup>nd</sup> Street (905) East 52<sup>nd</sup> Street, Los Angeles) Zeny Talag (323) 231-0522; and Silva (153 East Martin Luther King Jr., Blvd., Los Angeles) Carmenata Rafols (323) 235-2026 or 235-2194.

LA's BEST: This is an after school enrichment, education & recreation program for the City of Los Angeles. Volunteer activities include but are not limited to homework/tutoring, storytelling, literacy, math, arts & crafts, music, dance computers, games and sports. Students need to complete a volunteer form and send or fax it to the main office. There are 147 elementary schools in the program so there is bound to be one near your home. For further information contact Ms. Lynette Bynoe at (213) 745-1900, ext. 52963 and visit the website- [www.lasbest.org](http://www.lasbest.org)

BELLEVUE ELEMENTARY SCHOOL: Assist pupils in small groups and one-on-one. Year -round school. They welcome English only role models but Spanish is useful. Call Anne Elder (323) 663-7425.

CECIL MURRAY EDUCATIONAL CENTER: 2400 S. Western Ave., L. A., 90018. For their summer school (includes sports clinic, camp counselors, pre-school, elementary grades), their hours are 7:00 a.m. to 6:00 p.m. (flexible hours for volunteers). Call (323)730-2535 for volunteer information.

HOME-SAFE: A year-round pre-school, 6720 Melrose, between LaBrea and Highland, welcomes you on Tuesdays and Wednesdays from 9 - 12 to work with preschool children. Spanish is helpful. Call Ziva Renan (323)934-7979. Application and teacher reference required.

INNER CITY ARTS: Volunteers needed to assist with events held throughout the year. 720 Kohler St., Los Angeles 90021 Ask for volunteer director at (213)627-9621 for information and schedules.  
[www.inner-cityarts.org](http://www.inner-cityarts.org)

ICEF (Inner City Education Foundation) Public Schools operates 13 public charter schools that serve over 2,900 students in South Los Angeles. There are summer programs at most of the schools. One campus where H-W students have worked in previous years is View Park Preparatory Charter Middle School. To volunteer, please contact Lauren Carter at (323)290-6907 or [lcarter@icefl.org](mailto:lcarter@icefl.org). For information on ICEF Public Schools visit [www.icefpublicschools.org](http://www.icefpublicschools.org).

LEO POLITI ELEMENTARY SCHOOL: 2481 West 11<sup>th</sup> St., L.A. 90006. Work in classrooms. Spanish helpful. Telephone the principal for school and parking information. (213) 480-1244. Year-round school.

MANY MANSIONS: Homework Literacy Program. 80 East Hillcrest, Fleet 219, Thousand Oaks, CA 91360. Call (805) 497-0344 and ask for program coordinator. [www.manymansions.org](http://www.manymansions.org)

MIRACLE THEATER: A program of Vista Del Mar Child and Family Services. It is founded on the principles of *The Miracle Project* which was profiled in the Emmy award winning documentary, "Autism: The Musical." The program's mission is to assist children with Autism and other special needs in year-long creative experiences such as acting, dancing, singing, and to model and facilitate socialization with kids who would not easily form relationships. The program culminates each year with students, with guidance from volunteers and staff preparing for a major spring performance. From fall through spring, this is accomplished via an after school program at Vista Del Mar Child and Family Services, located at 3200 Motor Ave LA, CA 90034. There is also a summer program in August. For more information, please call 310.836.1223 x 322 or email [jenniferbrook@vistadelmar.org](mailto:jenniferbrook@vistadelmar.org), and/or visit the website [www.vistadelmar.org](http://www.vistadelmar.org).

THE RIVIERA FOUNDATION: Tennis players – here is an opportunity for you. This organization provides tennis clinics to disadvantaged youth in Los Angeles. Volunteers are needed to help at the summer camp in August and at tennis clinics all year. Please call Lisa Bittan (310) 573-2038 or email her at [LBITTANI@aol.com](mailto:LBITTANI@aol.com)

THE SAY N' PLAY SPEECH CAMP: Volunteers are needed to work with children ages 3 to 6 years of age during the two five-days camps. The camps will be held in Culver City. For an interview to volunteer please call (310) 649-6199 or visit their websites at [www.speakla.com](http://www.speakla.com) and [www.laspeechandlanguage.com](http://www.laspeechandlanguage.com) for additional information.

PALMS PARK AFTER SCHOOL PROGRAM: During the school year, children are bused to the park around 3 p.m. for the after school program. At about 3:30 p.m. volunteers are needed to help tutor the children or assist them with homework. The school children stay until 6 p.m. Call director of the after school program, or associate director of the child care program (310) 838-3838.

RONALD MCDONALD HOUSE: Supervise arts and crafts on Friday afternoons, 4560 Fountain Ave. LA 90029. Call (323)644-3000. [www.larmh.org](http://www.larmh.org)

SCHOOL ON WHEELS: Volunteers are needed to tutor homeless children one hour per week - 28128 Pacific Coast Highway, Unit 192, Malibu. Training is provided. Call (310) 589-2642 or <http://www.schoolonwheels.org>.

WESTSIDE CHILDREN'S CENTER: Volunteer in childcare center for abused and impoverished children. One hour interview followed by training for students 13 years of age and older. Open year-round. Programs are M-F, 9-12 or 3-5:30. 4600 Lindblade, Culver City. Call (310)578-1750 [www.westsidechildrens.org](http://www.westsidechildrens.org)

ZIMMER DISCOVERY CHILDREN'S MUSEUM: For information on volunteer opportunities call the program coordinator at (323)761-8998 or the main museum number at (323)761-8989. [www.zimmermuseum.org](http://www.zimmermuseum.org)

### **LIBRARIES:**

Check with local libraries and schools in your community that offer "Learn to Read" programs for underprivileged children and adults. Some libraries have after school "tutoring programs". Some libraries have ESL (English as a Second Language) programs.

For information on **the County of Los Angeles Public Library Literacy Program** call (800) 707-7323. To volunteer at the Los Angeles Times Literacy Center call (213) 228-7540 or check: [www2.lapl.org/central/literacy\\_center.html](http://www2.lapl.org/central/literacy_center.html)

### **SERVICE WITH THE DISABLED**

These Special Education Centers are popular with H-W students: you'll work with the disabled. Please tell the person you with whom you talk how many hours you will be able to give the agency.

ACTIVITIES FOR RETARDED CHILDREN (ARC): Call (818)762-4365 for info, Mon.-Fri., 9 – 5.

ADAPTIVE SPORTS & RECREATION (ASR): volunteer for any ASR activities/events call (805)581-4706 or (805)501-2573 and ask for or leave a message for Ingrid.

AYSO VIP SOCCER: Be a buddy to a special needs child. This program takes place on Saturdays from Sept. – early Dec. Call (818) 785-2353 or visit [www.AYSO33.org](http://www.AYSO33.org) for more information.

BRAILLE INSTITUTE: Read to adults and children. 741 North Vermont Ave., Los Angeles, CA 90029. Contact the program coordinator at (323)663-1111, ext. 1340...check out age requirements first or visit website [www.brailleinstitute.org](http://www.brailleinstitute.org).

CRIPPLED CHILDREN'S SOCIETY: Call (323)874-3306, ext. 306 and speak with director of programs.

MCBRIDE SPECIAL EDUCATION CENTER: Centinela near Venice, Mar Vista, welcomes students 14 and older. Summer Program runs week days from July 8 - August 16<sup>th</sup> 8:00am-12:30pm. Call Jody Molodaw (310)391-0568.

ORTHOPEDIC HOSPITAL: They need volunteers. Grades 7 through 12 are welcome. Call volunteer office at (213) 742-1533 or Main Line at (213)748-2217.

SPECIAL OLYMPICS OF SOUTHERN CALIFORNIA: Office: (310)215-8380- 6071 Bristol Parkway Unit 100 Culver City , CA 90230-M-F; 8am-5pm. To volunteer to work with the athletes call (310) 458-8300 (ask for Special Olympics) 1527 4<sup>th</sup> Street Suite 106, Santa Monica, CA 90401. [www.sosc.org/westside.html](http://www.sosc.org/westside.html)

TRI-VALLEY SPECIAL OLYMPICS: To volunteer for special events or year-round coaching call

(818) 342-0017 and ask for volunteer information. For dates, volunteer form, events visit [www.sosc.org/trivalley.html](http://www.sosc.org/trivalley.html)

### **OPPORTUNITIES THAT INVOLVE THE DISABLES AND HORSES:**

Volunteers are the mainstay of these programs.

**AHEAD WITH HORSES:** Equestrian therapy for severely handicapped children, ages ten and under-(818) 767-6373 Location: 9311 Del Arroyo Dr. Sun Valley 91352. There is a required orientation. These are held Saturdays and parents must attend to sign the necessary waivers. The program runs Tuesday through Friday from 10 .am. to 6 p.m. and Saturday from 9 a.m. to 3 p.m.

[www.aheadwithhorses.org](http://www.aheadwithhorses.org)

**INSTITUTE OF EQUESTIAN THERAPY (IET):** Located at The Brandeis-Bardin Institute in Simi Valley. For further information call (805) 517-1404 or (805)522-6714 or visit the website.

[www.equestriantherapy.com](http://www.equestriantherapy.com)

**RIDE ON:** Love horses? Help the disabled through horse therapy. There are two locations: 21152 Chatsworth St. Chatsworth. - (818) 700-2971 or 401 Ronel Court, Newbury Park – (805)375-9078. No prior training is needed. Check age requirement. For site schedules check [www.rideon.org](http://www.rideon.org).

**SPECIAL EQUESTRIAN RIDING THERAPY (SERT):** Located at 9633 Baden Ave. Chatsworth between Lassen and Plummer, West of Topanga). Assist handicapped children with riding as horse walkers or horse leaders. No previous horse knowledge required. For days and hours, visit the website or call (818)776-6476. For calendar, programs, volunteer and training, etc. check

[www.sert.org](http://www.sert.org)

### **HE ELDERLY (Always call first)**

Feel free to check with a convalescent home in your neighborhood to see if they welcome volunteers. Many residents are unable to leave the facilities and often the residents have few if any visitors. You may have a talent to share or just be a young person that is able to give one on one attention to some of the residents.

Many residents have fascinating stories to share. You could be a great listener and learn bits of someone's personal history at the same time. Maybe you could read to some of the residents.

Musicians - you can organize a trio, take a group to sing at a facility for the elderly or perform solo.

**Remember to always call first to set a time that is appropriate to the facility's daily schedule and convenient to you.**

**JEWISH HOME FOR THE AGING:** 7150 Tampa Ave. or 188555 Victory Blvd., Reseda. Call Linda Spitz (818) 757-4442. [www.jha.org](http://www.jha.org)

**O.N.E. (Organization For the Needs of the Elderly),** Intergenerational Center - 17440 Victory Blvd., Van Nuys, 818/708-6625 or Senior Center - 18255 Victory Blvd., Reseda, 818-705-2345 to help at their Farmers' Market/Day Care held in Encino every Sunday morning. [www.one4seniors.org](http://www.one4seniors.org)

**SANTA MONICA PAVILION NURSING HOME:** 12001 Santa Monica Blvd., West Los Angeles

(310)478-0273 ask for activities director.

### **HOSPITALS**

Most hospitals have a volunteer office or coordinator. When you call, ask to be directed to that office or person in charge of volunteers. Many hospitals have age requirements. Please check on this when you make your initial call. Some hospitals have programs geared to teen volunteers. Many hospitals require volunteers to go through an orientation program.

MOTION PICTURE AND TV HOSPITAL: Woodland Hills- (818) 876-1048 (818) 876-1888

CEDARS-SINAI MEDICAL CENTER: Volunteers 14 and over (310) 423-8044-ask for the teen volunteer coordinator. Cedars-Sinai has a Teen Volunteer Program that entails a two-day required orientation and a commitment of 4 hours a week for 10 weeks. Most of the orientation and training occurs in early June. Therefore, if interested, you should call immediately for training schedules.

CENTINELA HOSPITAL MEDICAL CENTER: (310) 673-4660, ext. 8212

CHILDREN'S HOSPITAL: (323) 660-2450

GOOD SAMARITAN: (14 and older) - Volunteer office - (213) 977-2121, ext. 2092

KAISER PERMANENTE WOODLAND HILLS: Volunteer office - (818)719-4061 or hospital (818)719-2000

KORYO HEALTH CLINIC: (213) 368-6040

NORTHRIDGE MEDICAL CENTER: (818) 885-8500

SANTA MONICA/UCLA MEDICAL CENTER: Volunteer office - (310) 319-4614

ST. JOHNS HEALTH CENTER: Volunteer office – (310) 829-8438 or hospital - (310) 829-8924

ST. JOSEPH'S HOSPITAL: Volunteer office – (818) 847-3501 or hospital - (818) 843-5111

UCLA MEDICAL CENTER: Volunteer office - (310) 825-6001

VALLEY PRESBYTERIAN HOSPITAL: Volunteer office - (818) 902-2932

VETERANS ADMINISTRATION HOSPITAL: Volunteer office – (310)268-4350 – hospital - (310) 478-3711

### **VOLUNTEER CENTERS OF LOS ANGELES**

These centers offer a referral service for non-profit agencies and volunteers. Here are three:

West L.A.:	(310)312-9128 Mon.. - Fri. - 8:30-4:00
San Fernando Valley:	(818)908-5066 Mon. - Fri. - 9:00 - 4:00

If you have any questions about whether or not a site meets our guidelines for community service hours, please do not hesitate to talk to contact Ms. Goddard at 310/288-3295 or [ygoddard@hw.com](mailto:ygoddard@hw.com).

Remember that the Middle School Outreach Form may be downloaded from our website  
<http://students.hw.com/msoutreach>

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